



ROCKY MOUNTAIN
HEALTH PLANSSM

Quality Counts

HEDIS 2007

— HEALTH PLAN EMPLOYER DATA INFORMATION SET —

2775 Crossroads Blvd.
P.O. Box 10600
Grand Junction, CO 81502-5600
800-843-0719
www.rmhp.org

Rocky Mountain Health Plans HEDIS® 2007 Data

This is the Rocky Mountain Health Plans complete 2007 Health Plan Employer Data & Information Set® (HEDIS) report. All measures were calculated using HEDIS 2007 Technical Specifications and report on services rendered in 2006 (unless otherwise required in the specifications or measure rotation was utilized). Included are all HEDIS measures reported to the National Committee for Quality Assurance (NCQA) for our HMO Commercial lines of business.

In the Rocky Mountain Health Plans family, HMO plans are underwritten by Rocky Mountain Health Maintenance Organization, Inc. (Rocky Mountain HMO), a not-for-profit, federally qualified health maintenance organization that has served employer group, individual, Medicare, and Medicaid members in Colorado since it began in 1974.

HEDIS evaluates a health plan's performance based on the following eight area, or domains.

- ◆ **Effectiveness of Care**
- ◆ **Access/Availability of Care**
- ◆ **Satisfaction with the Experience of Care**
- ◆ **Health Plan Stability**
- ◆ **Use of Services**
- ◆ **Cost of Care**
- ◆ **Informed Health Care Choices**
- ◆ **Health Plan Descriptive Information**

Within each domain is a subset of measurements that define the domain. Please refer to the Table of Contents for easy look-up of specific measurement sets.

For additional information about any of this data, please contact Terri Wright, HEDIS Project Administrator, at 970-244-7865 or 800-843-0719 ext. 7865.

Acknowledgments:

Special thanks to the physicians, nurses, and office staff who either mailed in records for HEDIS measures requiring chart review or graciously allowed our nurses into their offices to review records.

Table of Contents

Effectiveness of Care

• Description.....	5
• Childhood Immunizations.....	5
• Adolescent Immunizations.....	5
• Breast Cancer Screening.....	5
• Cervical Cancer Screening.....	5
• Chlamydia Screening in Women	5
• Controlling High Blood Pressure.....	5
• Beta Blocker Treatment After a Heart Attack	5
• Cholesterol Management After Acute Cardiovascular Event	6
• Comprehensive Diabetes Care.....	6
• Use of Appropriate Medications for Asthma.....	6
• Follow-Up After Hospitalization for a Mental Illness.....	6
• Antidepressant Medication Management	6
• Appropriate Treatment for Children with Upper Respiratory Infection.....	6
• Appropriate Testing for Children with Pharyngitis.....	7
• Colorectal Cancer Screening.....	7

Access/Availability of Care

• Description.....	7
• Adult's Access to Ambulatory Health Services	7
• Children's Access to Primary Care Providers	7
• Prenatal and Postpartum Care.....	7
• Availability of Language Interpretation Services.....	8
• Initiation and Engagement of Alcohol and Other Drug Dependence Treatment.....	8
• Claims Timeliness	8

Satisfaction with the Experience of Care

- Description.....9

Health Plan Stability

- Description.....9
- Practitioner Turnover.....9
- Years in Business/Total Membership.....9

Use of Services

- Description.....10
- Well Child Visits in the First 15 Months of Life.....10
- Well Child Visits in the 3rd, 4th, 5th & 6th Years of Life.....10
- Adolescent Well Care Visits.....10
- Frequency of Selected Procedures.....11
- Inpatient Utilization--General Hospital/Acute Care.....12
- Ambulatory Care.....13
- Inpatient Utilization--Non-acute Care.....15
- Discharge and Average Length of Stay--Maternity Care.....16
- Births and Average Length of Stay, Newborns.....17
- Mental Health Utilization--Inpatient Discharges, etc.....18
- Mental Health Utilization--Percent of Members receiving Inpatient, etc.....18
- Chemical Dependency Utilization--Inpatient Discharges, etc.....20
- Identification of Alcohol and Other Drug Services.....21
- Outpatient Drug Utilization.....23

Cost of Care

- Description.....24

Informed Health Care Choices

- Description.....24

Health Plan Descriptive Information

- Description.....25
- Board Certification and Residency Completion.....25
- Arrangements with Public Health, Education, and Social Service Organizations.....25
- Total Enrollment by Percentage.....26

Effectiveness of Care

The quality of care members receive is one of the most important indicators of a health plan's overall effectiveness. The measures in this section report the percentage of members who received preventive care services or recommended services for a chronic condition. When our members use these services, they are making a positive step toward good health.

MEASURE	NUMERATOR	DENOMINATOR	RATE
Childhood Immunizations—Rate 2* Children who received the following vaccinations: four DtaP/DT, three IPV, one MMR, three HiB, three hepatitis B and one VZV.	235	299	78.60%
Childhood Immunizations—Rate 3* All shots in Rate 2 plus four pneumococcal conjugate vaccinations.	193	299	64.55%
Adolescent Immunizations* - Rotated Measure HEDIS 2006 ➤ Combo 2: All adolescents who received the second MMR , three hepatitis B series (3 shots given over a 6 month period) and one vaccine for chicken pox (if indicated) by their 13th birthday. <ul style="list-style-type: none"> • Second MMR • 3 Hep B shots • Chicken Pox vaccine 	164 320 312 194	411 411 411 411	39.90% 77.86% 75.91% 47.20%
Breast Cancer Screening All women age 52-69 who had a mammogram in the last two years.	5261	7129	73.80%
Cervical Cancer Screening* All women age 21-64 who had at least one Pap smear test in the last three years. (Rotated Measure – 2004 rate)	247	288	85.76%
Chlamydia Screening in Women ➤ Women age 16-20 who had at least one chlamydia screening in 2006 ➤ Women age 21-25 who had at least one chlamydia screening in 2006 ➤ Women age 16-25 who had at least one chlamydia screening in 2006	164 172 336	526 585 1111	31.18% 29.40% 30.24%
Controlling High Blood Pressure* All members age 46-85 diagnosed with high blood pressure whose most recent blood pressure in 2006 at a physician's office was less than or equal to 140/90.	260	411	63.26%
Beta Blocker Treatment After a Heart Attack* Rotated HEDIS 2006 The number of people age 35 or older that had a heart attack in 2006 and	43	44	97.73%

Cholesterol Management after Acute Cardiovascular Event*			
➤ The rate of members age 18 to 75 who were discharged from the hospital for a heart procedure or were diagnosed with IVD who had their LDL cholesterol checked in the measurement year.	209	247	84.61%
➤ The rate of above member whose cholesterol was < 100 mg/dL	154	247	62.35%
Comprehensive Diabetes Care*			
Members age 18-75 with Type 1 or Type 2 diabetes who had:			
➤ At least one Hemoglobin A1c in 2006	379	411	92.21%
➤ Percent of members with poorly controlled HbA1c (> 9.5)	76	411	18.49%
➤ At least one LDL cholesterol check in 2004 or 2006	343	411	83.45%
➤ Percent of members with LDL cholesterol < 100 mg/dL	203	411	49.39%
➤ Eye exam in 2006	259	411	63.02%
➤ Kidney disease monitored in 2006	331	411	80.54%
Use of Appropriate Medications for People with Asthma			
The percentage of members age 5-56 who have persistent asthma and were prescribed recommended medication for long-term control.			
➤ Ages 5-9 (population too low)	18	21	NA
➤ Ages 10-17	44	47	93.62%
➤ Ages 18-56	225	248	90.73%
➤ Combined	316	287	87.48%
Follow-Up After Hospitalization for a Mental Illness			
The rate of members age 6 or older who had a follow-up visit with a mental health provider within:			
➤ 7 days of discharge from the hospital.	38	81	46.91%
➤ 30 days of discharge from the hospital.	45	81	55.56%
Antidepressant Medication Management			
• Optimal Practitioner Contacts for Medication Management—Members age 18 years and older who were diagnosed with a new episode of depression, treated with antidepressant medication and who had at least 3 follow up visits with a doctor.	34	253	13.44%
• Effective Acute Phase Treatment—Members age 18 years and older who were diagnosed with a new episode of depression, treated with antidepressant medication and remained on the medication for a 12-week Acute Treatment Phase.	163	253	64.43%
• Effective Continuation Phase Treatment—Members age 18 and older who were diagnosed with a new episode of depression, treated with antidepressant medication and who remained on the medication for at least 6 months.	128	253	50.59%
Appropriate Treatment for Children with Upper Respiratory Infection (URI)			
The percentage of children 3 months to 18 years of age who were given a diagnosis of URI and were not dispensed an antibiotic prescription on or 3 days after the Episode Date. (Inverse Rate)			
	148	890	83.37%

Appropriate Testing for Children with Pharyngitis The percentage of children 2-18 years of age who were diagnosed with pharyngitis, prescribed an antibiotic and who received a group A streptococcus test for the episode.	451	644	70.03%
Colorectal Cancer Screening (CRC)* Rotated HEDIS 2006 The percentage of adults 50-80 years of age who had one or more screenings for CRC during 2006.	261	410	63.66%
Persistence of Beta-Blocker Treatment after a Heart Attack The number of people age 35 or older who had a heart attack prior to 7/1/03 to 6/30/04 who received persistent BETA Blocker .	33	44	75.00%
Use of Imaging Studies for Low Back Pain Assess whether imaging studies (plain X-ray, MRI, CT scan) are overused in evaluating patients with acute low back pain. (inverted rate)	103	414	75.12%

*Hybrid methodology used.

Access/Availability of Care

The measures in this domain look at how members access routine and preventive services. At Rocky Mountain Health Plans, we examine this information along with other data to ensure all members who need care are getting it.

MEASURE	NUMERATOR	DENOMINATOR	RATE
Adult's Access to Ambulatory/Preventive Health Services The number of adults in the plan in the following age categories who received an ambulatory or preventive health visit to a health care provider at least once in the last three years. <ul style="list-style-type: none"> • 20-44 • 45-64 • 65+ 	5707 9861 291	6031 10218 304	94.63% 96.51% 95.72%
Children's Access to Primary Care Providers This measure evaluates how many children age 12 through 24 months and 25 months through six years old had at least one visit with a PCP in 2006. For children age 7-11 years, the measure evaluates how many children had at least one visit with a PCP in 2004 or 2006. <ul style="list-style-type: none"> • 12-24 months • 25 months-6 yrs • 7-11 years • 12-17 years 	338 1615 1430 2623	344 1793 1594 2917	98.26% 90.07% 89.71% 89.92%
Prenatal and Postpartum Care* <ul style="list-style-type: none"> • Timeliness of Prenatal Care -The percentage of women who delivered a live birth and received a prenatal care visit in the first trimester or within 42 days of enrollment in the plan. • Postpartum Care -The percentage of women who delivered a live birth and received a postpartum visit on or between 21 days and 56 days after delivery. 	255 221	270 270	94.44% 81.85%

<p>Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (AOD) The percentage of adults diagnosed with AOD dependence who initiate and engage in treatment.</p> <ul style="list-style-type: none"> ➤ Initiation of AOD Treatment ➤ Engagement of AOD Treatment 	<p>74 11</p>	<p>201 201</p>	<p>36.82% 5.47%</p>
<p>Call Answer Timeliness The percentage of calls received by member services (during operating hours) in 2006 that were answered by a live voice within 30 seconds.</p>	<p>114079</p>	<p>235576</p>	<p>48.43%</p>
<p>Call Abandonment The percentage of calls received by member services (during operating hours) in 2006 that were abandoned by the caller before being answered by a live voice.</p>	<p>26147</p>	<p>235576</p>	<p>11.10%</p>

*Hybrid methodology used.

Satisfaction with the Experience of Care

Rocky Mountain Health Plans has consistently ranked above most other Colorado plans on member satisfaction. The survey involves many questions about the member's health plan, their health care providers and other aspects of their health care experiences. For a complete copy of the Rocky Mountain Health Plans Member Satisfaction Survey results, please contact a Customer Service Representative at 800-346-4643 or Terri Wright at 970-244-7865.

Health Plan Stability

Health care is a big investment. As with any purchase, you want to know that the company you are investing in is stable and trustworthy. A plan's stability can be measured many ways. This domain includes information about enrollment and practitioner turnover. Rocky Mountain Health Plans has been in business since 1974. We are looking forward to continued growth for many years to come.

MEASURE	Years in Business	Members as of 12/31/05
Years in Business/Total Membership		
HMO (Total)	32	83,117
• Medicaid	32	11,575
• Commercial	32	44,376
• Medicare Cost	29	24,309
Years in Business/Total Membership		
PPO (Total)	5	36,779
• Medicaid	0	0
• Commercial	5	36,779
• Medicare Cost	0	0
• Other (dual eligible: Medicaid/Medicare)	0	0
Years in Business/Total Membership		
POS (Total)	NA	NA
• Medicaid	NA	NA
• Commercial	NA	NA
• Medicare Cost	NA	NA
• Other (dual eligible: Medicaid/Medicare)	NA	NA
Years in Business/Total Membership		
TOTAL		119,896

Use of Services

How a health plan uses its resources is a good indication of its priorities and values. The use of certain health care services, such as preventive care, can indicate that a plan educates its members about preventive care and early detection and treatment. Proactive use of certain procedures or therapies illustrates the plan and physicians' successful management of care to prevent further problems.

MEASURE	NUMERATOR	DENOMINATOR	RATE
Well-Child Visits in the First 15 months of Life The number of well visits Rocky Mountain Health Plan children who turned 15 months old in 2006 received. <ul style="list-style-type: none"> • 0 Visits • 1 Visit • 2 Visits • 3 Visits • 4 Visits • 5 Visits • 6 or more Visits 	0 4 4 9 20 44 174	255 255 255 255 255 255 255	0.00% 1.57% 1.57% 3.53% 7.84% 17.25% 68.24%
Well-Child Visit in the 3rd, 4th, 5th & 6th Years of Life The percentage of children who were 3, 4, 5 or 6 in 2006 and received one or more well visits with a Primary Care Practitioner in that year.	1004	1479	67.88%
Adolescent Well-Care Visits (Rotated) The percent of members age 12-21 who had at least one comprehensive visit with a Primary Care Practitioner in 2006. This measure does not include camp and sports physicals. In the future, these exams may be included.	1658	4507	36.79%

Frequency of Selected Procedures Measure

Age	Male member months	Female member months	Total
0-4			27289
0-9			58674
5-19			101561
10-19			70176
15-44		116743	
20-44	94305	98747	
30-64	163010		
45-64	99657	110326	
65+	3052	2145	

Frequency of Selected Procedures Measure - Continued

Procedure	Age	Sex	Number of Procedures	Procedures/1,000 Member Years
Myringotomy	0-4	Male & Female	79	34.74
Myringotomy	5-19	Male & Female	24	2.84
Tonsillectomy	0-9	Male & Female	55	11.25
Tonsillectomy	10-19	Male & Female	47	8.04
Dilation & Curettage	15-44	Female	18	1.85
Dilation & Curettage	45-64	Female	27	2.94
Hysterectomy, Abdominal	15-44	Female	38	3.91
Hysterectomy, Abdominal	45-64	Female	43	4.68
Hysterectomy, Abdominal	65+	Female	0	0.00
Hysterectomy, Vaginal	15-44	Female	52	5.35
Hysterectomy, Vaginal	45-64	Female	39	4.24
Hysterectomy, Vaginal	65+	Female	0	0.00
Cholecystectomy-open	30-64	Male	1	0.07
Cholecystectomy-open	15-44	Female	0	0.00
Cholecystectomy-open	45-64	Female	1	.11
Cholecystectomy-open	65+	Male	0	0.00
Cholecystectomy-open	65+	Female	0	0.00
Cholecystectomy-closed	30-64	Male	25	1.84
Cholecystectomy-closed	15-44	Female	61	6.27
Cholecystectomy-closed	45-64	Female	57	6.20
Cholecystectomy-closed	65+	Male	3	11.8
Cholecystectomy-closed	65+	Female	1	5.59
Back Surgery	20-44	Male	109	13.87
Back Surgery	20-44	Female	88	10.69
Back Surgery	45-64	Male	181	21.79
Back Surgery	45-64	Female	250	27.19
Back Surgery	65+	Male	9	35.39
Back Surgery	65+	Female	5	27.97
PTCA	45-64	Male	42	5.06
PTCA	45-64	Female	13	1.41
PTCA	65+	Male	3	11.8
PTCA	65+	Female	0	0.00
Cardiac Catheterization	45-64	Male	71	8.55
Cardiac Catheterization	45-64	Female	50	5.44
Cardiac Catheterization	65+	Male	4	15.73
Cardiac Catheterization	65+	Female	2	11.19
Coronary Artery Bypass Graft	45-64	Male	7	.84
Coronary Artery Bypass Graft	45-64	Female	1	.11
Coronary Artery Bypass Graft	65+	Male	2	7.86
Coronary Artery Bypass Graft	65+	Female	0	0.00
Prostatectomy	45-64	Male	42	5.06
Prostatectomy	65+	Male	3	11.8
Mastectomy	15-44	Female	4	.41
Mastectomy	45-64	Female	16	1.74
Mastectomy	65+	Female	1	5.59

Frequency of Selected Procedures Measure - Continued

Procedure	Age	Sex	Number of Procedures	Procedures/1,000 Member Years
Lumpectomy	15-44	Female	33	3.39
Lumpectomy	45-64	Female	87	9.46
Lumpectomy	65+	Female	5	27.97

Inpatient Utilization--General Hospital/Acute Care

Age	Member Months
<1	5277
1-9	53397
10-19	70176
20-44	193052
45-64	209983
65-74	4955
75-84	229
85+	13
Total	537082

Age	Discharges	Discharges/1,000 Member Years	Days	Days/1,000 Member Years	Average Length of Stay
Total Inpatient		77.32	298	677.66	8.76
<1	34	11.69	148	33.26	2.85
1-9	52	16.24	243	41.55	2.56
10-19	95	61.72	2573	159.94	2.59
20-44	993	63.32	3905	223.16	3.52
45-64	1108	94.45	232	561.86	5.95
65-74	39	209.61	23	1205.24	5.75
75-84	4	0.00	0	0.00	NA
85+	0		0		NA
TOTAL	2325	51.95	7422	165.83	3.19
Medicine					
<1	24	54.58	56	127.35	2.33
1-9	41	9.21	105	23.6	2.56
10-19	43	7.35	88	15.05	2.05
20-44	166	10.32	477	29.65	2.87
45-64	445	25.43	1346	76.92	3.02
65-74	13	31.48	40	96.87	3.08
75-84	1	52.4	4	209.61	4.00
85+	0	0.00	0	0.00	NA
TOTAL	733	16.38	2116	47.28	2.89
Surgery					
<1	10	22.74	242	550.31	24.2
1-9	11	2.47	43	9.66	3.91
10-19	26	4.45	98	16.76	3.77
20-44	263	16.35	856	53.21	3.25
45-64	638	36.46	2502	142.98	3.92

65-74	26	62.97	192	464.98	7.38
75-84	3	157.21	19	995.63	6.33
85+	0	0.00	0	0.00	NA
TOTAL	977	21.83	3952	88.3	4.05
Maternity					
10-19	26	4.45	57	9.75	2.19
20-44	564	35.06	1240	77.08	2.20
45-64	25	1.43	57	3.26	2.28
65+	0		0		NA
TOTAL	615	15.6	1354	34.34	2.20

Ambulatory Care

This table evaluates how many members used different kinds of outpatient services. Ambulatory or outpatient services include office visits or routine visits to hospital outpatient departments.

Age	Member Months
<1	5277
1--9	53397
10-19	70176
20-44	193052
45-64	209983
65-74	4955
75-84	229
85+	13
Total	537082

Age	Outpatient Visits (Excludes MH/CD)	Outpatient Visits/1,000 Member Years	Emergency Room Visits	Emergency Room Visits/1,000 Member Years
<1	4457	10135.3	108	245.59
1-9	13842	3110.74	719	161.58
10-19	14121	2414.67	956	163.13
20-44	41847	2601.19	2394	148.81
45-64	69221	3955.81	2080	118.87
65-74	2261	5475.68	51	123.51
75-84	146	7650.66	3	157.21
85+	3	2769.23	0	0.00
TOTAL	145898	3259.79	6309	140.96

Age	Ambulatory Surgery/Procedures	Procedures /1,000 Member Years	Observation Room Stays Resulting in Discharge	Observation Room Stays/1,000 Member Years
<1	23	52.3	12	27.29

1-9	164	36.86	25	5.62
10-19	228	38.99	31	5.3
20-44	1401	87.09	208	12.93
45-64	3740	213.73	238	13.6
65-74	134	324.52	13	31.48
75-84	5	262.01	0	0.00
85+	0	0.00	0	0.00
TOTAL	5695	127.24	527	11.77

Inpatient Utilization--Non-acute Care

This measure shows the extent to which members received inpatient treatment in nursing homes or rehabilitation centers.

Age	Member Months
<1	5277
1--9	53397
10-19	70176
20-44	193052
45-64	209983
65-74	4955
75-84	229
85+	13
Total	537082

Age	Discharges	Discharges/1,000 Member Years	Days	Days/1,000 Member Years	Average Length of Stay
<1	1	2.27	135	306.99	135.00
1-9	0	0.00	0	0.00	NA
10-19	0	0.00	0	0.00	NA
20-44	12	.75	294	18.27	24.5
45-64	69	3.94	1574	89.95	22.81
65-74	2	4.84	42	101.72	21.00
75-84	1	52.4	4	209.61	4.00
85+	0	0.00	0	0.00	NA
TOTAL	85	1.90	2049	45.78	24.11

Discharge and Average Length of Stay--Maternity Care

Childbirth is one of the most common reasons women are hospitalized. This measure describes the number of Rocky Mountain Health Plans female members who gave birth in 2006 and how long women stayed in the hospital after vaginal or Cesarean Section births.

Age	Female Member Months
0-9	16727
10-14	17996
15-19	50623
20-34	78025
35-49	82570
50+	0
Total	245941

Total Deliveries

Age	Discharges	Discharges/1,000 Female Members Per Year	Days	Days/1,000 Female Members Per Year	Average Length of Stay
10-14	0	0.00	0	0.00	NA
15-19	22	14.67	48	32.01	2.18
20-34	403	95.53	876	207.65	2.17
35-49	109	16.76	246	37.83	2.26
50+	0	0.00	0	0.00	NA
TOTAL	534	26.06	1170	57.09	2.19

Total Vaginal Deliveries: Live Births

Age	Discharges	Discharges/1,000 Female Members Per Year	Days	Days/1,000 Female Members Per Year	Average Length of Stay
10-14	0	0.00	0	0.00	NA
15-19	16	10.67	32	21.34	2.00
20-34	287	68.03	479	113.55	1.67
35-49	59	9.07	102	15.69	1.73
50+	0	0.00	0	0.00	NA
TOTAL	362	17.66	613	29.91	1.69

Total Cesarean Deliveries: Live Births

Age	Discharges	Discharges/1,000 Female Members Per Year	Days	Days/1,000 Female Members Per Year	Average Length of Stay
10-14	0	0.00	0	0.00	NA
15-19	6	4.00	16	10.67	2.67
20-34	116	27.5	397	94.11	3.42
35-49	50	7.69	144	22.15	2.88
TOTAL	172	8.39	557	27.18	3.24

Births and Average Length of Stay, Newborns

Male & Female (0-85+)		537082				
Female (10-49)		163371				
	# of Newborns	Newborns/ 1,000 Female Member Years	Newborn Discharges/ 1,000 Member Years	Newborn Days	Newborn Days/ 1,000 Member Years	Average Length of Stay
Total Newborns	565		12.62	1484	33.16	2.63
Mom plan member (10-49)	555	40.77		1421		2.56
Other*	10			63		6.30
Total Well Newborns	527		11.77	986	22.03	1.87
Mom plan member (10-49)	521	38.27		976		1.87
Other*	6			10		1.67
Total Complex Newborns	38		.85	498	11.13	13.11
Mom plan member (10-49)	34	2.50		445		13.09
Other*	4			53		13.25

*Other includes age 0-9, 50+ and moms who are not a plan member.

**Mental Health Utilization--Inpatient Discharges and Average Length of Stay,
by Age and Sex**

This table reflects how many plan members were hospitalized for a mental health disorder in 2006 and how long, on average, they stayed in the hospital.

Age	Male member months	Female member months	Total
0-12	40114	38404	78518
13-17	18868	17158	36026
18-64	200902	216439	417341
65+	3052	2145	5197
TOTAL	262936	274146	537082

Age	Sex	Discharges	Discharges/ 1,000 Member Years	Days	Average Length of Stay
0-12	M	4	1.20	6	1.50
0-12	F	4	1.25	22	5.50
0-12	Total	8	1.22	28	3.50
13-17	M	11	7.00	42	3.82
13-17	F	8	5.60	33	4.13
13-17	Total	19	6.33	75	3.95
18-64	M	25	1.46	191	7.64
18-64	F	50	2.77	376	7.52
18-64	Total	75	2.16	567	7.56
65+	M	0	0.00	0	NA
65+	F	0	0.00	0	NA
65+	Total	0	0.00	0	NA
TOTAL	M	40	1.83	239	5.98
TOTAL	F	62	2.71	431	6.95
TOTAL	TOTAL	102	2.28	670	6.57

Mental Health Utilization: Percent of Members Receiving Inpatient, Day/Night Care, and Ambulatory Services

This table describes how many members received any mental health services or inpatient mental health services in 2006.

Age	Male member months	Female member months	Total
0-12	40114	38404	78518
13-17	18868	17158	36026
18-64	200902	216439	417341
65+	3052	2145	5197
TOTAL	262936	274146	537082

Any Mental Health Services / Inpatient Mental Health Services

Age	Sex	Number of Any Mental Health Services	Percent of Any Mental Health Services	Number of Inpatient Mental Health Services	Percent of Inpatient Mental Health Services
0-12	M	100	2.99%	3	.09%
0-12	F	60	1.87%	2	.06%
0-12	Total	160	2.45%	5	.08%
13-17	M	103	6.5%	10	.64%
13-17	F	113	7.95%	6	.42%
13-17	Total	216	7.19%	16	.53%
18-64	M	568	3.39%	22	.13%
18-64	F	1014	5.62%	39	.22%
18-64	Total	1582	4.55%	61	.18%
65+	M	5	1.97%	0	0.00%
65+	F	3	1.68%	0	0.00%
65+	Total	8	1.85%	0	0.00%
TOTAL	M	776	3.54%	35	.16%
TOTAL	F	1190	5.21%	47	.21%
TOTAL	TOTAL	1966	4.39%	82	.18%

This table describes how many members received any Day/Night Mental Health or ambulatory mental health services in 2006.

Intermediate Mental Health Services / Ambulatory Mental Health Services

Age	Sex	Number of Day/Night Mental Health Services	Percent of Day/Night Mental Health Services	Number of Ambulatory Mental Health Services	Percent of Ambulatory Mental Health Services
0-12	M	0	0.00%	100	2.99%
0-12	F	0	0.00%	60	1.87%
0-12	Total	0	0.00%	160	2.45%
13-17	M	0	0.00%	99	6.30%
13-17	F	0	0.00%	113	7.90%
13-17	Total	0	0.00%	212	7.06%
18-64	M	0	0.00%	558	3.33%
18-64	F	1	0.01%	1001	5.55%
18-64	Total	1	0.00%	1559	4.48%
65+	M	0	0.00%	5	1.97%
65+	F	0	0.00%	3	1.68%
65+	Total	0	0.00%	8	1.85%
TOTAL	M	0	0.00%	762	3.48%
TOTAL	F	1	0.00%	1177	5.15%
TOTAL	TOTAL	1	0.00%	1939	4.33%

**Chemical Dependency Utilization--Inpatient Discharges and Average Length of Stay,
by Age & Sex**

This table describes how many members were hospitalized for a chemical dependency such as alcohol or drug problems in 2006 and how many days they stayed in the hospital on average.

Age	Male member months	Female member months	Total
0-12	40084	38393	78477
13-17	18868	17146	36014
18-64	200711	216336	417047
65+	3052	2145	5197
TOTAL	262715	274020	536735

Age	Sex	Discharges	Discharges/ 1,000 Member Years	Days	Average Length of Stay
0-12	M	0	0.00	0	NA
0-12	F	0	0.00	0	NA
0-12	Total	0	0.00	0	NA
13-17	M	0	0.00	0	NA
13-17	F	2	1.40	23	11.50
13-17	Total	2	.67	23	11.50
18-64	M	21	1.26	54	2.57
18-64	F	16	.589	63	3.94
18-64	Total	37	1.06	117	3.16
65+	M	0	0.00	0	NA
65+	F	0	0.00	0	NA
65+	Total	0	0.00	0	NA
TOTAL	M	21	.96	54	2.57
TOTAL	F	18	.79	86	4.78
TOTAL	TOTAL	39	.87	140	3.59

Identification of Alcohol and Other Drug Services: Percentage of Members Receiving Inpatient, Day/Night Care and Ambulatory Services

This table describes how many members were treated for any Identification of Alcohol and Other Drug Services in 2006.

Age	Male member months	Female member months	Total
0-12	40084	38393	78477
13-17	18868	17146	36014
18-24	21525	22193	43718
25-34	35070	35785	70855
35-64	114116	158358	302474
65+	3052	2145	5197
TOTAL	262715	274020	536735

Any Chemical Dependency Services / Inpatient Chemical Dependency Services

Age	Sex	Number of Any Chemical Dependency Services	Percent of Any Chemical Dependency Services	Number of Inpatient Chemical Dependency Services	Percent of Inpatient Chemical Dependency Services
0-12	M	1	.03%	0	0.00%
0-12	F	0	0.00%	0	0.00%
0-12	Total	1	.02%	0	0.00%
13-17	M	12	.76%	1	.06%
13-17	F	10	.70%	2	.14%
13-17	Total	22	.73%	3	.10%
18-24	M	27	1.51%	4	.22%
18-24	F	17	.92%	3	.16%
18-24	Total	44	1.21%	7	.19%
25-34	M	44	1.51%	9	.31%
25-34	F	15	.50%	5	.17%
25-34	Total	59	1.00%	14	.24%
35-64	M	142	1.18%	45	.37%
35-64	F	84	.64%	24	.18%
35-64	Total	226	.90%	69	.27%
65+	M	0	0.00%	0	0.00%
65+	F	0	0.00%	0	0.00%
65+	Total	0	0.00%	0	0.00%
TOTAL	M	226	1.03%	59	.27%
TOTAL	F	126	.55%	34	.15%
TOTAL	TOTAL	352	.79%	93	.21%

Outpatient Drug Utilization

This table describes prescription drug use by Rocky Mountain Health Plans members. Many factors influence prescription drug use, such as the percent of a plan's membership with chronic conditions, so this measure may vary greatly among health plans.

Age	Member Months
0-9	55393
10-19	66889
20-44	186058
45-64	203306
65-74	4829
75-84	229
85+	13
Total	516717

Prescription is defined as one supply of pharmaceuticals for which the health plan accepts a co-payment.

Age	Total Cost of Prescriptions	Avg. Cost of Prescriptions/Per Member Per Month	Total Number of Prescriptions	Avg. Number of Prescriptions/Per Member Per Year
0-9	\$489993.47	\$8.85	12225	2.65
10-19	\$1279713.04	\$19.13	22040	3.95
20-44	\$5754618.20	\$30.93	122501	7.9
45-64	\$16928973.91	\$83.27	343922	20.30
65-74	\$505300.04	\$104.64	11258	27.98
75-84	\$23954.03	\$104.60	648	33.96
85+	\$2861.81	\$220.14	91	84.00
TOTAL	\$24985414.5	\$48.35	512685	11.91

Relative Resource Measure Outcomes available upon request.

Cost of Care

Managing the quality and cost of the care we deliver helps us keep premiums and member out-of-pocket costs as low as possible. Plans' coverage and benefits differ widely, so comparing plans based solely on premiums does not give an accurate picture. There are presently no measures in this domain although NCQA is exploring means of providing this information to consumers.

Informed Health Care Choices

The focus of this domain is to look at how well plans are helping their members participate in decisions about their own health care. In 1999, NCQA introduced a survey measure of female members on the Management of Menopause (MOM), however, NCQA will not request plans to field the survey for HEDIS 2007. Recent changes in scientific evidence on the benefits and risks of hormonal therapies for the management of menopause and ongoing review of the measure have led NCQA to conclude that the MOM survey measure needs revision and improvement to maintain scientific soundness and to provide ways to address women's health issues.

Health Plan Descriptive Information

While the measures in this section do not evaluate the performance of Rocky Mountain Health Plans, they are designed to help purchasers and consumers further understand a plan's ability to provide effective health care.

Board Certification

Type of Physician	Number of Physicians in each Practice Area	Board Certification Number	Board Certification Percent
Primary Care Physicians	2301	2032	88.31%
OB/GYN Physicians	453	377	83.22%
Pediatric Physician Specialists	278	195	70.14%
Geriatricians	35	24	68.57%
Other Physician Specialists	3252	2673	82.20%

Member Years of Enrollment by Age and Sex

Age	Male	Female	Total
<1	229	210	439
1-4	954	879	1833
5-9	1355	1260	2615
10-14	1406	1393	2799
15-17	969	885	1854
18-19	578	613	1191
0-19 Subtotal	5491	5240	10731
0-19 Subtotal: %	25.07%	22.95%	23.99%
20-24	1215	1235	2450
25-29	1363	1397	2760
30-34	1559	1585	3144
35-39	1757	1875	3632
40-44	1962	2134	4096
20-44 Subtotal	7856	8226	16082
20-44 Subtotal: %	35.87%	36.02%	35.95%
45-49	2231	2491	4722
50-54	2240	2441	4681
55-59	2194	2424	4618
60-64	1638	1836	3474
45-64 Subtotal	8303	9192	17495
45-64 Subtotal: %	37.91%	40.25%	39.11%
65-69	196	139	335
70-74	46	30	76
75-79	8	8	16
80-84	1	0	1
85-89	1	0	1
> = 90	0	0	0
> = 65 Subtotal	252	177	429
> = 65 Subtotal: %	1.15%	.78%	.96%
TOTAL	21902	22835	44737

Enrollment by State available upon request.