



RMHP Medicare Plans Complementary Health Care Discount Program

The products and services described are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Rocky Mountain Health Plans' grievance process.



ROCKY MOUNTAIN
HEALTH PLANS®

We understand Colorado. We understand you.

Rocky Mountain Health Plans is pleased you have joined us, and we hope that you will find our complementary care discount program useful. Directories of contracting providers are available on our website: www.rmhp.org

How to get discount vitamins and minerals... with free shipping!

Get information on vitamin and mineral discounts by visiting our website at www.rmhp.org and clicking on the Choose Healthy link, or by calling American Specialty Health Networks, Inc. (ASH Networks) at 877-335-2746 to request assistance. Standard shipping is **FREE** to RMHP Members.

You are responsible for full payment for the products you order.

How to get access to health education

Get help on topics such as nutrition, exercise, disease prevention, pain management, weight management, and tobacco cessation by visiting the RMHP website.

How to get discounts on massage therapy, chiropractic, acupuncture, and dietetic services

You receive a discount for massage therapy, chiropractic, acupuncture, and dietetic services provided by credentialed ASH Networks providers as well as best pricing at fitness clubs and exercise centers. Please ask the provider about applicable discounts. You are responsible for full payment for these services.

Choose any participating provider or fitness facility in the ASH Networks directory available at www.rmhp.org or call ASH Networks at 877-335-2746. No referral is necessary.

Customer Service

- Call 970-244-7912 or 888-282-1420.
- If you are hearing impaired and use TTY equipment, call 800-704-6370.
- Para asistencia en español llame al 800-346-4643.

Please note that this is a discount program and should not be considered medical benefits. You should check any medical benefits you have before using this affinity program, as those benefits may result in lower cost to you than using this program. The affinity program provides for discounted complementary health care services from participating providers. You are required to pay for all services in full but will receive a discount from contracted providers. ASH Networks does not make payments directly to the participating providers and is not responsible for any portion of the costs associated with services provided through this program. ASH Networks has no liability for providing or guaranteeing service and assumes no liability for the quality of service rendered.